



Your group plan is with Canada Life. We'll help you get the most out of it.

At Canada Life, our goal is to support the physical, financial and mental well-being of Canadians. Your group retirement plan provides tools and services that can help support you as you navigate through these difficult times. Our member guides are here to assist you in finding the resources that are right for you.

What can a health and wealth consultant do for you?

With a simple chat, a member guide can give you personalized, one-on-one guidance that can help you:

- Register for your online account
- Understand the details of your plan
- Monitor your savings goals
- Review your investment options
- Answer your group plan questions

Set up an appointment with a Member Guide today.

[Book an appointment](#)



This email address only sends appointment-related emails. Please don't reply to this email.

Your Member Guide will be able to answer your questions during your scheduled appointment, but if you need help sooner, visit our [website](#) to find out how to get in touch with us. Canada Life and design are trademarks of The Canada Life Assurance Company. [Legal, copyright and trademark information](#)

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