



**Canadian Centre for
Christian Charities**

Supporting ministries in a complex world

retirement

PLAN REVIEW

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Access newsletters online:

Canadian Centre of Christian Charities has access to Proteus' website where you can view current, and past newsletters and performance summaries.

There is also a link to your administrator's website, which provides the latest tools and calculators to learn more about retirement planning.

www.proteusperformance.com

User ID: CCCC-Member | Password: pension

PERFORMANCE SUMMARY



INVESTMENT STRATEGY

Capital Markets are unpredictable over short time periods and a well-diversified portfolio will help protect your capital over the long-term. Successful long-term investors do not focus on poor performance in any given year – they review their strategy and make sure it is well aligned with their long-term objectives. Completing a ‘Risk Profile’ will help to determine the type of investor you are. If you are unsure of the best strategy for you, you should seek independent professional advice before making your investment decisions.



Learn more at Canada Life’s website:
ssl.grsaccess.com

Period Ending September 30, 2023				
	1 Year	3 Year	4 Year	10 Year
Balanced Funds				
Jarislowsky Fraser Balanced	12.3	4.2	4.5	6.9
<i>JF Balanced Benchmark</i>	<i>8.1</i>	<i>3.2</i>	<i>3.8</i>	<i>5.8</i>
Mackenzie SRI Balanced	8.1	4.3	3.9	n/a
<i>Mackenzie SRI Balanced Benchmark</i>	<i>7.2</i>	<i>2.8</i>	<i>3.8</i>	<i>5.6</i>
Money Market Fund				
Mackenzie Money Market	4.7	2.0	1.8	1.4
<i>FTSE Canada 91 Day T-Bill Index</i>	<i>4.4</i>	<i>1.8</i>	<i>1.7</i>	<i>1.2</i>
Fixed Income Fund				
MFS Canadian Fixed Income	-0.9	-5.0	-2.0	1.9
<i>FTSE Canada Universe Index</i>	<i>-1.4</i>	<i>-5.1</i>	<i>-2.2</i>	<i>1.6</i>
Canadian Equity Funds				
Jarislowsky Fraser Canadian Equity	16.1	10.1	6.8	8.0
Mackenzie SRI Canadian Equity	7.3	11.8	8.5	8.7
<i>S&P/TSX Composite Index</i>	<i>9.5</i>	<i>9.9</i>	<i>7.3</i>	<i>7.5</i>
U.S. Equity Fund				
MFS American Equity	14.5	9.4	9.8	13.9
<i>S&P 500 Index</i>	<i>19.7</i>	<i>10.6</i>	<i>12.0</i>	<i>15.0</i>
Global Equity Fund				
Mawer Global Equity	20.1	8.1	n/a	n/a
<i>MSCI ACWI Index</i>	<i>18.9</i>	<i>7.3</i>	<i>8.3</i>	<i>10.5</i>
International Equity Funds				
MFS International Equity	22.2	7.4	7.3	9.0
Sprucegrove International Equity	22.1	8.6	4.6	6.3
<i>MSCI EAFE Index</i>	<i>24.3</i>	<i>6.7</i>	<i>5.5</i>	<i>7.2</i>
Target Date Funds				
Fidelity Clearpath Income Portfolio	4.4	-0.6	0.8	3.3
Fidelity Clearpath 2020 Portfolio	6.3	0.7	2.3	5.4
Fidelity Clearpath 2025 Portfolio	8.0	1.8	3.2	6.2
Fidelity Clearpath 2030 Portfolio	9.7	2.9	4.2	6.8
Fidelity Clearpath 2035 Portfolio	10.9	4.0	5.0	7.5
Fidelity Clearpath 2040 Portfolio	13.4	5.9	6.5	8.3
Fidelity Clearpath 2045 Portfolio	14.6	6.4	6.9	8.4
Fidelity ClearPath 2050 Portfolio	14.6	6.4	6.9	8.4
Fidelity ClearPath 2055 Portfolio	14.6	6.4	6.9	8.4
Fidelity ClearPath 2060 Portfolio	14.6	6.3	6.9	n/a

Your Investment Funds

Balanced Funds

Jarislowky Fraser Balanced — Seeks to provide a balance of current income and long-term capital appreciation by investing primarily in a mix of Canadian and foreign fixed income and equity securities.

Mackenzie SRI Balanced — Provides a balanced return of capital growth and current income by investing primarily in equity and fixed income securities. The Fund invests in publicly traded Canadian and foreign companies that conduct their business operations in a socially responsible manner and show strong growth prospects; with some exposure to foreign companies that meet these criteria.

Money Market Fund

Mackenzie Canadian Money Market — Provides interest income by investing primarily in Canadian fixed-income securities, including Canadian government securities and corporate income producing securities maturing within one year. This Fund invests primarily in government securities and high quality corporate money market instruments maturing within one year.

Fixed Income Fund

MFS Canadian Fixed Income — Seeks to obtain interest income by investing primarily in Canadian fixed income securities.

Canadian Equity Funds

Jarislowky Fraser Canadian Equity — Seeks to obtain long-term capital gains by investing primarily in Canadian equities.

Mackenzie SRI Canadian Equity — Provides long-term capital growth with moderate income. The Fund invests primarily in the shares of publicly traded Canadian

companies that conduct their business operations in a socially responsible manner and show strong growth prospects; with some exposure to foreign companies that meet these criteria.

U.S. Equity Fund

MFS American Equity — Seeks to achieve capital appreciation investing primarily in large cap U.S. equities.

Global Equity Fund

Mawer Global Equity— Provides long-term capital growth by investing primarily in equities worldwide. The Fund invests in both large and small capitalization companies that offer the best global opportunities. It may also invest in T-bills and short term investments no greater than 3 years to maturity.

International Equity Funds

MFS International Equity— Provides long term capital gains by investing primarily in non-North American equities. The Fund seeks to outperform the MSCI EAFE Index over full market cycles.

Sprucegrove International Equity— Provides a value approach to the management of equities. It emphasizes long-term investment and it focuses on the selection of individual securities using a bottom-up, research driven approach.

Target Date Funds

Fidelity ClearPath® Retirement Portfolios — A family of lifecycle funds actively managed and regularly rebalanced to provide investors with optimal risk and return for their investment time horizon. The portfolios seek to maximize growth opportunities early on to provide high total investment return, and gradually become more conservative with advancing age.

Good Time To Review Your Retirement Goals

Good Time to Review Your Retirement Goals

We're approaching year end, which means 2023 is coming to an end – now would be a great opportunity to take some time to review your retirement plans and goals as we move in to 2024.

To help you determine if you're on track to meet your financial and lifestyle goals for retirement, here are a few things to consider:

What are your retirement goals?

Whether your retirement is five years away or 25 years down the road, the likelihood of achieving the retirement dreamed of is greatly increased by planning for it.

Different retirement lifestyles are associated with different costs – so consider how you would like to spend your retirement and the type of lifestyle you would want to lead. For example, if you plan to take a vacation once a year in retirement, think about what this trip would cost you. Repeat this process to create a budget, which includes all of your expenses in retirement. This gives you an idea of how much you will need to “pay yourself” each year during retirement in order to have the lifestyle you envision.

Are your savings on track?

Unfortunately, figuring out the price is only one part of the equation. If you are not saving in order to meet your retirement goals, the best planning in the world will still fall short. Remember that portions of your retirement income will come from government plans such as the Canada Pension Plan/Québec Pension Plan and Old Age Security, as well as company retirement savings plans. It will be up to you to make up the difference between what those sources provide and what your retirement expenses will be. While the price of your retirement can look like an overwhelming number at first, if you can save in regular amounts over a long period of time, you have a good chance of eventually reaching your retirement goal. The key to success lies in a continual cycle of planning, saving, and reviewing your plan regularly (and adjusting when necessary).

Strategies for a Secure Financial Future

Retirement Income – An Introduction to LIFs, RRIFs, and Other Options

One of the benefits of saving through registered vehicles such as defined contribution pension plans or RRSPs is the ability to reduce current taxable income. Your money within these plans does not get taxed until it is withdrawn.

Locked-in money in a defined contribution pension plan must be converted to a retirement income product, such as a Life Income Fund (LIF) or life annuity, before the end of the year the member turns age 71. Similarly, RRSPs must be converted to a Registered Retirement Income Fund (RRIF) or used to purchase an annuity by December 31 of the year the contributor turns 71. Withdrawals from LIFs, RRSPs, and RRIFs are taxable as income and must be planned carefully to minimize the tax impact.

LIFs and RRIFs are tax-advantaged vehicles designed to provide a steady stream of retirement income while preserving the tax-sheltered status of the savings.

LIF (Life Income Fund)

A LIF is a retirement income fund which holds locked-in pension assets. Each province has its own rules for unlocking pension money. The minimum age to start withdrawing from a LIF also varies by province. LIFs have minimum and maximum annual withdrawal rates based on your age at the start of the year. The minimum withdrawal ensures steady income, while the maximum cap ensures your savings last throughout retirement. LIFs are not offered

in Saskatchewan and Prince Edward Island but other locked-in vehicles are available.

RRIF (Registered Retirement Income Fund)

In order to generate income from your RRSP, it must be converted to a RRIF. Unlike LIFs, RRIFs are specific to RRSP's and have no maximum withdrawal limit, which provides greater flexibility for retirees. Remember that you must withdraw a minimum annual amount beginning in the year after a RRIF is established.

Other Options at Retirement

1. **Lump Sum:** A retiree can cash out their RRSP and non-locked-in pension money but this comes with significant tax implications.
2. **Annuity Purchase:** By buying an annuity, retirees receive guaranteed periodic payments for life. However, this relinquishes investment control on the principal.
3. **Combination:** Some retirees choose a combination of options, like LIFs or RRIFs alongside a partial lump sum or annuity for diversified income sources.

In conclusion, LIFs and RRIFs are valuable tools for Canadian retirees. They provide a flexible and tax-efficient way to transform pension and RRSP savings into a sustainable income stream for retirement. Consulting with a financial advisor can help retirees make informed choices, ensuring a comfortable and financially secure retirement.



MARKET REVIEW

Canadian Equities

- Canadian equities returned -2.2% during the third quarter of 2023.
- The top performing sectors were health care and energy, generating returns of 14.5% and 10.3% respectfully.
- The worst performing sectors were communication services and utilities, generating returns of -12.5% and -12.0% respectfully.
- The S&P/TSX Composite Index underperformed the S&P 500, MSCI ACWI, and MSCI World over the quarter.

Foreign Equities

- International markets, represented by the MSCI EAFE Index (C\$), and the U.S. market, represented by the S&P 500 Index (C\$), returned -2.0% and -1.2% respectively for the quarter.
- Global markets, represented by the MSCI World Index (C\$), returned -1.3% for the quarter.

Fixed Income

- The U.S. Federal Reserve raised its key interest rate from 5.25% to 5.50% during the quarter.
- The Bank of Canada raised its key interest rate from 4.75% to 5.00% during the quarter.
- Both central banks followed up these rates hikes in July with a rate pause in September.
- Comments from major central banks emphasized that rate cuts are far away.
- The bond market continued to deal with elevated volatility, which has been the case since the beginning of the rate hiking cycle.
- Inflation moderated with core inflation in Canada falling from 3.2% year-over-year in June to 2.8% in September, and core inflation in the U.S. falling from 4.8% year-over-year in June to 4.1% in September.
- 10-year government bond yields rose 36 bps over the quarter to 4.03%. Long-term yields rose more than short-term yields, but the yield curve remained significantly inverted.

A note about the performance summary:

Returns are shown before fees unless indicated. Past performance of a fund is not necessarily indicative of future performance.

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