

Christian Leadership Reflections

Personal Reflection Guide

THOSE ANNOYING PEOPLE!

https://www.cccc.org/news_blogs/john/2016/07/25/those-annoying-people



- 1) Reflect on times that you've felt annoyance towards others. Is there a pattern? Determine what behaviours in others trigger annoyance in you.
- 2) Consider how the annoying behaviour might actually be profitable to you. What can you learn? Think beyond your surface frustration and find meaning that can be applied to your growth as a person.
- 3) Flip annoyance to the reverse and imagine that the other person is finding *you* annoying. View how you interact with others through the lens of minimizing the possibility that you might annoy them to keep your behaviour humble and loving.
- 4) Focus on allowing God to work in you and change you to become more like Jesus. What tangible steps can you take toward that goal the next time someone annoys you?